



HALSWELL WIGRAM RUGBY

JUNIOR COACH'S ROLE AND RESPONSIBILITIES

- Organising and running team practices.
- Organising and running game day activities.
- Organising with the team manager who plays in what position and who's subbed on and off.
- Liaising with Club Captain regarding club issues.
- Liaising with team manager regarding team issues.
- Lead by example, being enthusiastic and supportive.

GENERAL INFO

Coaching a team is almost an endless task and involves a lot of organising and liaising and it will take time away from coaching. You will find that the more you do by yourself, the more people will leave you to do it, but don't close yourself off from offers of help.

Your main responsibility as coach has to be the kids. You need to create a safe and progressive environment where fun and participation are promoted and kids can learn and enjoy the sport. They need to feel free to experiment on the field and not be afraid to make mistakes.

In an effort to keep your sanity you should enlist the help of other parents as much as possible. The Club will try to organise a team manager to help you with communications, if you're team hasn't got one try and get a volunteer for this role and inform the Club Captain.

The Club will also help with organising a Club Based Referee for your team. For junior teams that usually involves finding a parent willing to take on the role. The Club will then arrange for them to do a CRFU Course. In older Grades there is often a previously qualified parent.

If there is someone suitable for the role of assistant coach make use of them. In an ideal world each team would be allocated a coach and an assistant coach. In reality there just aren't enough volunteers.

Other jobs to get parent help with include putting up and down posts and corner flags, bringing half time oranges or after match treats, helping with subbing, car-pooling, gathering in discarded clothing, keeping track of practice equipment, again the list goes on.

The committee will endeavour to help you achieve this goal in any way we can. We plan to develop resources to help all coaches regardless of their level of experience. The first of these resources is the CRFU handbook and we hope to supplement this further over time. We encourage all junior coaches to attend local Coaching Courses.